

CLIENT SERVICES

Victory Equine Centre offers:

- Boarding—12x12 matted stalls, turnout
- Free introductory lessons by appointment for prospective students
- Riding lessons for ages 5 to adult—balanced seat, hunter/jumper, dressage, Western, cross country—that fit your timeframe
- Show division, when you're ready
- Clinics in dressage & sport horse
- School Break—Learn about horses when school is out for a day
- Summer Riding Program—weeklong half-day camps for kids
- 1Horsepower Friday “day camp” for adults, 3rd Friday, June-September
- Writers' Workshops, to learn and write about horses
- Getting Fit to Ride exercise classes
- Gift certificates for lessons
- Special events such as birthday and company parties, community visits

General Directions: at Mt. Zion Road exit, turn onto Cap Stine Road. Farm is 2.5 miles on left, turn left before yellow lesson sign. Driveway forks; barns are to the right. Go through 2 gates, park at the last barn.

From Frederick, MD—Take US-15S/340W to first exit, Mt. Zion Road. Follow directions above.

From Leesburg, VA—Follow US-15N to Mt. Zion Road exit. Follow directions above.

From Washington, DC—Take the 495 Beltway to 270N. Follow 70W toward Frederick to the US-15S/340W exit lane. Take the Mt. Zion Road exit. Follow directions above.

VICTORY EQUINE CENTRE AT CEDAR RIDGE FARM

Owned & operated by Ed & Merrie Aiken
4501 Cap Stine Road
Frederick, MD 21703
Office: (310) 631-2722
Fax: (301) 620-7903
E-mail: VictoryEquine@aol.com
www.crfegypt.com/Victory_Equine_Centre.htm

“ I really am so glad that I started lessons at Victory Equine—it was one of the best things I ever did for myself. ”

—Celeste, adult student



Victory Equine Centre

Cedar Ridge Farm Egyptian Arabians, LLC
4501 Cap Stine Road, Frederick, MD 21703
www.crfegypt.com
(301) 631-2722



Dressage Instructor Cathy Solan riding the Hanoverian Piccolo

Victory Riding Club

Lesson Programs
and Client Services

TEL : 301 - 631 - 2722

VICTORY RIDING CLUB

At Victory Equine Centre, you can meet and learn about Arabians and other breeds of horse, take a free introductory riding lesson on our well-trained horses, be part of Victory Riding Club, and sign up for affordable four- to six-week lesson sessions. Adult group lessons are limited to four riders with the same skills.

Benefits of horseback riding include increased self-confidence, stress relief, exercise, social interaction with other riders, connecting with horses, & FUN!

RIDING PROGRAMS

Pretty Pony—leadline for children ages 5-7, 30 to 45-minute lessons. Limit: 2 riders. \$210/six weeks

Children ages 8-17/group—one-hour lessons, incl. horsemanship. Limit: 4 riders. \$250/six weeks

School Break —Fun with horses on days off. Call!

Summer Day Program—Call for details

Boomer Buddies—Social event! Now that the kids are in school/gone to college, it's your turn. Ride with your peers in small classes and have fun! \$270/six weeks

Private—\$55 each or \$220/four weeks, 45 minutes

Advanced Private/Group—\$65/\$260 & \$55/\$330

1Horsepower Adult Day Camp—\$165 for a full day of equine studies, 2 lessons, exercises, horsemanship. Lunch, snacks, drinks are provided. Register online.

Intro to Dressage—Understanding levels and training scale, properly bend a horse, ride an Intro and Training test for fun. All levels are taught.

Trail Class 1—Learn to hack out safely with other riders. Learn how to ride on rough terrain and on hills—offered to current students as a single lesson

Sport Horse in Hand—Learn to show your horse on the triangle at breed and open shows

Clinics in dressage, cross country, sport horse

2nd Sunday Dressage Clinics: Position 1/9; Transitions 2/13; School Figures 3/13; Lateral Work 4/10



Horsefest Halloween 2010.

Kristen the Butterfly rides the Arabian/Welsh pony Autumn, Emma the Artist rides the Paint pony Buddy

RIDING SKILL EVALUATION

Before you start riding and after each session, your instructor will evaluate your skills to place you safely in a class with your peers.

Level I—Intro to safety, learning to control direction, 2-point and posting at the walk, intro to trot

Level I+—Learn to post at the trot, 2-point at the trot, recognize posting diagonals

Level 2—Trotting without irons, riding simple figures at the trot

Level 2+—Intro to canter in 2 point

Level 3—Recognition of canter leads, riding simple figures at the canter, intro to sitting canter

Level 3+—Riding with proper contact to the mouth, developing the seat, refining the aids. Canter without irons, begin work with trot poles

OUR RIDING INSTRUCTORS

Cathy Solan

- British Horse Society-certified instructor
- Dressage, jumping, eventing, Western, XCcountry
- FEI dressage rider
- Local judge; dressage clinician

Cathy teaches balance seat as a precursor to any discipline. She has coached many Junior/Young Rider championships and show teams, and has begun successful dressage programs.

Cathy helps riders get fit for riding, incorporating exercises into her lesson program. She also offers the **Getting Fit to Ride** exercise program separately to students. Classes forming now. Call for days & times..



Victory Equine Centre at Cedar Ridge Farm, Frederick, MD

Karlen Brett

- Instructing 6 years, riding for 15 years
- Evented up to Training Level, Jumpers to 4'
- Jumping, hunt seat, dressage,
- CPR/First Aid certified

With Karlen, riding is fun and well-taught, with an emphasis on balance seat. She uses ground poles, cones, and patterns to enhance the riding



Karlen Brett on Imperial Kahlaam

experience while building basic skills. Karlen teaches children and adults of all levels.

Karlen's philosophy is about confidence: "With learning the essentials—quiet hands, secure seat, and balance—comes the

confidence in riding. Once we are confident in our riding, our horse can sense this. Then, we can work together to better our skills, teach our horse new things, and have fun."