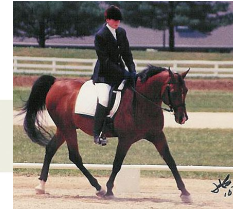




Victory Equine Centre

Cedar Ridge Farm Egyptian Arabians, LLC  
4501 Cap Stine Road, Frederick, MD 21703  
www.crfegypt.com  
(301) 631-2722



Building confidence through riding



## Want to know more about horses & their care? You need 1Horsepower! Riding Day Camp for Adults!

Discover different horse breeds and their personalities, and how to communicate with horses. Learn how to select a horse for the intended use, find a suitable place to board, choose feed and hay. Find out what veterinarians, farriers, and equine dentists do for horses. Unravel the mysteries of tack. Three sessions.

Get practical, hands-on experience cleaning a stall, grooming and bathing, and tacking up. Take 1-2 riding lessons, plus play games, on your assigned horse at this special day camp geared just for adults. Meet equine professionals.

**Bonus:** Getting Fit to Ride fitness class taught by Cathy Solan\*

**1Horsepower**—"Day camp" for adults, is offered July through September 2011 (7/22, 8/19, 9/16) \$175 each full camp, \$95 half-day.

- ▲ Full-day camp, 9 a.m.-4 p.m. two lessons, fitness class, lecture
- ▲ Half-day camp, 9 a.m.-1 p.m., one lesson, lecture

▲ Coffee/rolls, lunch, snacks & drinks, camp tee-shirt, notebook of information

Pre-registration is required. Form is found on our web site. Please print, mail or fax to 301-620-7903. [http://www.crfegypt.com/adulthorsecampform\\_2011.pdf](http://www.crfegypt.com/adulthorsecampform_2011.pdf) .

\***Getting Fit to Ride**—also offered separately by former Elite Athlete Cathy Solan, senior dressage instructor at Victory Equine Centre. Learn how to build & strengthen the muscles you use to ride. Mat required. \$30/class